

WITH GOOD HEALTH
COMES HAPPINESS

EATING FOR HEALTH AND LIFE

*PLANT-POWERED
and BEYOND*

MYERS MEMORIAL
LIBRARY
SATURDAY, JANUARY 25TH
2 PM

PLEASE JOIN US FOR A 1-HOUR
PRESENTATION AND DISCUSSION
ON THE POWER OF A PLANT-
BASED PRESCRIPTION FOR
WEIGHT LOSS AND VIBRANT
HEALTH, PRESENTED BY:
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